From The Principal

One of the most important things for any organization is to recognize and celebrate its identity. Next Friday we gather at St Patrick’s Cathedral to celebrate the Eucharist in celebration of our 75th anniversary. The last time this community gathered at St Patrick’s for Mass was at the start of the school year in 2000 to celebrate our 60th anniversary and the Church year of jubilee. Next Friday is a significant event in the life of the College and I look forward to every student being part of this celebration of who we are.

Congratulations to the SBC Social Justice Network on the “Raising our Boys to be Good Men” evening held on Wednesday. We heard from Assistant Commissioner of Victoria Police Tess Walsh, mental health advocate Professor Patrick McCorry AO, Ben O’Toole from the Step Back and Think Foundation, Scott Holmes from the YMCA and Old Collegian and Youth Justice Worker, Andrew Gurrisi. A crowd of almost 400 found the speakers informative, entertaining and perhaps most importantly, challenging. As an EREA school one of the touchstones we aspire to is “Justice and Solidarity” and this event was a powerful example of this commitment in action. In my introduction to the evening I commented that I had seldom felt so proud to be part of the St Bernard’s community as on that night. I commend the work of the SBCSJN in putting this event together and hope that many more parents and students will choose to be part of this Network.

Around this time each year two things usually occur that have the potential to create conflict between the College and a small number of families. The first is the inevitable annual request for an official (or unofficial) evening function for students. The answer to this is always no. I am convinced there are few (if any) benefits for the College, certainly none that are educational, and there are many negatives including imposing on staff to provide supervision, students taking time off to prepare/recover and the ever-present issue of underage drinking.

The second thing that causes conflict about this time each year is football finals. Not the finals themselves but students taking the Monday off to celebrate the season. While this is a culture that has gained great traction in the AFL and many senior football clubs in recent years it is a relatively recent phenomenon. I do not believe that there can ever be justification for a day off school to celebrate an underage football final. The text below is a letter I circulated to students involved in WRJFL football finals last weekend. I am aware that the EDFL junior finals are scheduled for this weekend and urge all families to resist bowing to pressure from your son and ensure that he is at school next Monday.

Dear Students and Parents

The St Bernard’s College culture is one in which excellence is encouraged and celebrated in all areas of endeavour. I would like to pass on my congratulations to all students who are involved in Football teams that have made grand finals at the end of the season. I include in this congratulations to those involved in all local teams including the St Bernard’s College Old Collegians.

In sporting culture young players have always followed the lead of their heroes. Thus it would seem some boys and families believe that taking the Monday after a football final off school for a “Mad Monday” celebration is an appropriate part of underage football culture.

At St Bernard’s College we absolutely challenge this notion and convey to you in the strongest possible terms our expectation that all boys involved in finals this coming weekend attend school next Monday August 17.

I am aware of those boys who were at school on Monday this week after their weekend finals and will make contact with them to congratulate them and their families on their clear commitment to learning and the College. Similarly I will make contact with those who were not present at school on Monday and challenge their preference for a day absent to celebrate a football game, over a day working to improve their educational outcomes.

As part of our commitment to academic excellence we aim to maximise learning and teacher student interaction both inside and outside the classroom. Our teaching and support staff are generous with their time in assisting boys outside class time. It is difficult for staff to maintain this commitment in the case of students who do not take advantage of all scheduled opportunities to learn.

I acknowledge that some boys and families receiving this communication may have had illness or other genuine reasons for being absent on Monday. If this is the case please do not feel it necessary to make contact with me to explain. However, I am happy to discuss this communication with any parent who wishes to mount a case for “Mad Monday” being more important than attending a day of classes at St Bernard’s.

Best Wishes
Tony Paatsch
From the Deputy Principal – The Strand

St Bernard’s Day

Next Friday we will gather as a College community at St Patrick’s Cathedral to celebrate St Bernard’s Day in lieu of the actual feast day, which is on Thursday, August 20. This will be a joyous occasion and the day itself has taken months of planning.

Much has been written in our history about why our great school took the name from a French abbot on its establishment back in 1940. St Bernard lived 900 years ago and he is remembered for his wisdom and courage during the difficult middle ages of our Church’s history. He is also well known for his Memorare Prayer that was dedicated to the Virgin Mary. I include this prayer as a reflection of St Bernard’s great life and his life legacy:

Memorare (Remember)

Remember, O most gracious Virgin Mary, that never was it known that anyone who fled to thy protection, implored thy help, or sought thy intercession was left unaided. Inspired with this confidence, I fly to thee, O Virgin of virgins, my Mother; to thee do I come; before thee I stand, sinful and sorrowful. O Mother of the Word Incarnate, despise not my petitions, but in thy mercy hear and answer me. Amen.

Student Safety

Local residents have reported to the school that some boys are riding their bikes to and from school without a helmet. Please ensure your son is wearing a helmet when riding to school.

Sick Bay Protocols

Our sick bay at front reception deals with illness and injury that may arise during the day. The College has neither the staff nor the facilities to cope with the ongoing treatment of student throughout the day. Please consider the following points:

• Please do not respond to a phone call or text from your son during the day to pick him up from school. Front reception will contact you directly. If your son requests you to pick him up from school via text or phone call please direct him to front reception/sick bay.
• Parents are asked not to send a student to school if the student is feeling unwell or has a communicable disease symptom.
• If a student reports to sick bay requiring medical treatment and/or long periods of rest, we will contact you and ask that your son be picked up from school.
• In case of an emergency, an ambulance will be called as a first response. In school initiated ambulance callouts, the College school accident insurance cost covers any cost incurred. When parents and emergency contacts are unable to be contacted and treatment is necessary, the sick bay attendant will make the decision whether to call an ambulance.

Discere Applications 2016

Parents please note that applications for those students interested in taking part in the Discere Program 2016 are now open. Application forms can be downloaded from the College Website or collected from Front Reception. Should you have any questions regarding the Discere Program or the application process please contact me at sziino@sbc.vic.edu.au. Applications close 31st August.

Sue Ziino, Discere Coordinator

Beyond Bernard’s

Beyond Bernard’s is a research project that wishes to survey St Bernard’s Old Boys who graduated in the years 2000 – 2010. The survey seeks information from graduates around their experiences since leaving SBC with tertiary education and entering the workforce.

The school has operated for 75 years with the motto “Discere et Agere: to learn and to do” and the Beyond Bernard’s research project puts this into practice as the information collected will inform the staff and leadership of the College in what provisions should make an effective educational platform for the future of current and future students.

To be involved, just visit the School’s website, select the SBC75 page, and click on the Beyond Bernard’s logo or go to http://www.sbc.vic.edu.au/sbc75/bb.php The survey should take no more than 5 minutes to complete and, once submitted, participants will be in the running for a $100 Coles Myer voucher.

Matthew Hurley, Director of Additional Needs
ACC Culinary Competition

2015 was the launch of the ACC’s Culinary Competition. Four schools took part in the event, which was hosted by Holmesglen Institute at their Waverley Campus. The inaugural competition required teams of four to cook against each other. This year the dish had to incorporate chicken. Each team was given two whole chickens and had to select a recipe of their choosing. Students had a total of two hours to make the dish and were judged on their practice, preparation and presentation. Our team consisted of Michael Bonvino, Nathaniel Grima, Matthew Santo and Thomas Trigona, all of whom study VCE Food Technology.

The competition was both challenging and exciting as we worked under great pressure. For most, it was the first time in an industrial kitchen. Excellent teamwork and distribution of tasks was required to ensure the meal was produced in a timely manner. Thomas was responsible for the production of the vegetable based puree, Michael the roulade filling whilst Nathaniel and I cut and deboned the chicken and prepared the jus. The team’s decision to serve the Chicken Maryland Roulade with Carrot and Fennel Puree and Jus on a black and red plate was fitting with the contemporary design of the meal.

Whilst our roulade missed out on winning a place, the opportunity to work in a commercial kitchen and receive feedback from the chefs was invaluable. Congratulations to the winning team, Simonds College with their version of Chicken served Four Ways. All teams showed excellent sportsmanship and enjoyed the chance to taste the high quality products on offer.

Thank you to Ms Allen for her effort and time in the lead up to the competition. Training involved many hours after school cooking, planning and practicing the dish, from the initial design of chicken ravioli through to our final choice, the roulade. Ms Allen made suggestions of dishes and shared her knowledge of how to make them. Many thanks also to Mrs Sabato for assisting after school and Ms Solomidou for the fantastic uniforms she measured and ordered for our team, we were best dressed at the competition by far.

For more information please visit the ACC website

Matthew Santo, Year 11

Music News

The SBC Friends of Music meeting was postponed earlier this term and will now be held on the evening of Tuesday August 25, 7:30pm in the Music Department, room 302. This is a great forum for parent participation and we welcome new contributors.

Music Bursaries: We are pleased to announce that music bursaries are now open for 2015/16. All music students are welcome to apply for one of the 10 music bursaries to the value of $500 each. These bursaries (through written application and scheduled audition) are awarded to 10 students annually who demonstrate a high commitment to their music learning and contribute to the life of the College through music. Details can be found at http://sbcmusicdepartment.weebly.com/music-prizes-and-bursaries.html
Applications are open until the end of term 3. Applications can be lodged online at http://sbcmusicdepartment.weebly.com/bursary-application.html.

The annual Spring Concert will be held on Tuesday September 15. This concert is usually the last opportunity for year 12 students to perform and is always a very special event – 7:30pm in the College Auditorium.

Carmelo Puglisi, Director of Music

2016 Italy Study Tour Information Evening

An information evening on our 2016 Italy Study Tour will be held on Thursday 20 August in the College Boardroom, commencing at 7:30pm. Students who are interested in participating in the Tour are invited to attend, together with their families. Dates for the Tour are: Depart Thursday, 15 September – Return Sunday 2 October 2016.

Bruno Spiller

Uniform Shop News

The recycled Uniform sale will take place in the College Boardroom on September 1 from 3-6pm. Also please note the Uniform Shop’s amended hours beginning Tuesday September 1: Tuesday 3-5pm, Wednesday 3-5pm and Thursday 8:30am – 12pm.

Renee Buhagiar, Uniform Shop
FORM THREE TO MOVE TO WEST ESSENDON

1969 marks the last year of Form Three classes at the Junior School. The move, an obvious step in the interests of all, will relieve accommodation pressure at Moonee Ponds.

The first intention was to build the proposed extensions at Moonee Ponds. However space there is limited, while space at West Essendon is ample. Also it is evident that the centre of population, which St Bernard’s will be serving in the future, will be closer to West Essendon than to Moonee Ponds.

The spacious 32 acre property should be able to more than adequately facilitate future expansions at St. Bernard’s. Already two new ovals are taking shape, under the constant vigilance of Br. Monagle, and further improvements are planned for 1970.

Maureen Kavanagh, Archivist

NICK Foundation

This is the 4th year that the Nick Foundation has presented to our community. This year’s theme will be on Resilience & Adversity (Learning from successes and failures; Building your armour to thrive; Choosing your path; Dealing with uncertainty; Embracing opportunities and challenges; To be responsible for one’s action) and the guest presenter will be Nick Farr.

Nick Farr is the founder and Director (Operations) of The Everest Academy. Nick is one of Australia’s most accomplished high altitude leaders. Nick has consistently demonstrated over more than two decades the ability to succeed in some of the world’s most hostile environments. He has climbed several of the world’s highest mountains, including Mt Everest. In a lifetime lived outdoors, Nick has safely led thousands of people on trekking, mountaineering and skiing expeditions across North America, Nepal, India, Europe, New Zealand and Australia. He has accumulated a wealth of experience in the logistics, psychology and management of people in demanding and challenging environments, and through his own achievements and sacrifices has forged a unique approach to developing leadership, resilience and teams. Please visit http://theeverestacademy.com.au/our-team/ for more information on Nick Farr.

Details for the event (Proudly supported by the Parents & Friends Association) are as follows:
Date: Tuesday August 25
Time: 7.30pm
Venue: St Bernard’s Auditorium
Cost: $10 Adults, $5 Students
Trybooking Link: http://www.trybooking.com/INVY

Mothers of Past Students Lunch

Mothers of past students will have received their invitations to the annual lunch to be held in the Pavilion on Wednesday 2nd September. The day will include a glass of champagne on arrival, a two course lunch, raffles and an opportunity to catch up with old friends. Please contact me if you have any queries.

Jenny Goring, Ladies Auxiliary President

Cricket 2015/2016

The next cricket season will soon be upon and some teams have already started their training sessions. If anyone is wishing to become part of a team whether it be from under 12s to Seniors you can find a team in your area by going to www.playcricket.com.au

Of course St. Bernards Old Collegians run teams of all ages but there are many teams in your local area if you are not within walking distance of the school. These can all be accessed from the site listed above.

This year Cricket Victoria are also investing a significant amount of money in girls and womens cricket. So if you have female family members or know of females wishing to participate in cricket this summer get them to access the above website or contact me (details below) via email at St. Bernard’s.

Umpires are also needed for Junior and Senior games. Many current and ex-students of St. Bernard’s are umpires in the NWMCA competition. These are paid positions. If you are interested in becoming an umpire please contact myself or Steven Knight at Steven.Knight@xavier.vic.edu.au for more details.

Brian Moloney
The Spirit of St Bernard's Photography Competition  
STUDENT ENTRY FORM

| Name: |  
| Year Level: |  
| Title (first entry): (optional) |  
| Title (second entry): (optional) |  
| Title (third entry): (optional) |  
| Signature:  
I agree to the terms and conditions below |  
| Parent Signature:  
I agree to the terms and conditions below |  

Rules, Terms and Conditions

- The competition will commence on 13 July 2015 and entries must be submitted no later than 3pm on Friday 18 September.
- Individuals may submit up to three photographs for consideration. The photographs should have been taken within the last three years.
- There is no cost to enter the competition.
- The competition is open to all members of the St Bernard's College community. Prizes including JB HiFi vouchers and photography equipment for the winning student entries and adult entry as well as encouragement prizes for each year level.
- To enter the competition you must submit an A4 or A5 sized print in this envelope. Please keep a digital copy of the photograph in PDF or JPEG format as we may require a digital copy also.
- In entering this competition you agree to your photograph being displayed around the school, used in promotional material and published in a photobook to be sold to raise money for a school-nominated charity, or used for other purposes as approved by the Principal. You understand that any proceeds from sales or publication of the image by the school will go to a nominated charity, and you forfeit any claim to these profits.
- Winners will be determined by a panel consisting of members of the College Leadership team, Parents and Friends Association and senior staff members.
## The Spirit of St Bernard’s Photography Competition

### ADULT ENTRY FORM

<table>
<thead>
<tr>
<th>Name:</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Connection to</td>
<td>St Bernard’s:</td>
</tr>
<tr>
<td>Title (first entry):</td>
<td>(optional)</td>
</tr>
<tr>
<td>Title (second entry):</td>
<td>(optional)</td>
</tr>
<tr>
<td>Title (third entry):</td>
<td>(optional)</td>
</tr>
<tr>
<td>Signature:</td>
<td><em>I agree to the terms and conditions below</em></td>
</tr>
<tr>
<td>Contact number or email address:</td>
<td></td>
</tr>
</tbody>
</table>

### Rules, Terms and Conditions

- The competition will commence on 13 July 2015 and entries must be submitted no later than 3pm on Friday 18 September.
- Individuals may submit up to three photographs for consideration. The photographs should have been taken within the last three years.
- There is no cost to enter the competition.
- The competition is open to all members of the St Bernard’s College community. Prizes including JB HiFi vouchers and photography equipment for the winning student entries and adult entry as well as encouragement prizes for each year level.
- To enter the competition you must submit an A4 or A5 sized print in this envelope. Please keep a digital copy of the photograph in PDF or JPEG format as we may require a digital copy also.
- In entering this competition you agree to your photograph being displayed around the school, used in promotional material and published in a photobook to be sold to raise money for a school-nominated charity, or used for other purposes as approved by the Principal. You understand that any proceeds from sales or publication of the image by the school will go to a nominated charity, and you forfeit any claim to these profits.
- Winners will be determined by a panel consisting of members of the College Leadership team, Parents and Friends Association and senior staff members.
The Keilor St-Bernard's Athletic Club.

In 1965 Ron Stobaus and brother Peter Faulkiner formed the St Bernard's athletic club with the intent of developing an athletics environment at the college.

The club borrowed money which was used in the development of the ovals near Steele creek and for the provision of throwing rings and jump pits which have long since been buried under the Buckley Street earthworks and the many changes to the ovals.

The club joined Victorian Amateur Athletics Association and has been a prominent competitor in the winter cross country and the summer track and field seasons ever since.

The St Bernard's athletic club was instrumental in the creation of the Keilor Little Athletics centre and the Keilor Heights women's athletic club. With the merging of the Victorian Amateur Athletics Association and the Women's Amateur Athletics Association to form Athletics Victoria St Bernard's merged with Keilor Heights to form the Keilor St Bernard's Athletic club (KSB).

The club has grown and over recent years has averaged around 155 members, male, female, young and old with all levels of ability. Our membership comes from across the north west of Melbourne and areas such as Gisborne, Sunbury and Macedon.

The club trains at the college and on the paths and hills along side the Maribynong river and also at the Keilor Park Athletics track.

This is the club's fiftieth year and a celebratory dinner is planned for October the 16TH.

The club would like to hear from anyone who has been a member of the club over the years. We are looking for anecdotes, war stories and historical documents or photographs.

If you can help or would like details on the fiftieth year celebratory dinner please email the following:

Ron Stobaus: rstobaus@bigpond.com, Ian Upton: ian.upton@iinet.net.au.

If you would like information on the club try the website www.ksbaths.org.au or the 'facebook' page 'www.facebook.com/ksbaths'.