Easter is a great time to be Catholic. The Church liturgies and readings take us through a powerful human story with experiences and emotions that we can relate to. We hear of service to others, fellowship, camaraderie and betrayal; the experience of the Last Supper. Of the fickle tide of public sentiment when the same crowd who cheered Jesus into Jerusalem on Palm Sunday mock and jeer him on Good Friday. We empathise with the anger, fear and ultimate acceptance of fate experienced by Jesus and the disciples in the garden of Gethsemane. We identify with Peter as he weeps at his own cowardice and we understand the grief and loss of Calvary. Finally we share the confusion and eventual understanding and joy at the empty tomb on Easter Sunday morning.

I hope that you and your family have the chance to be involved in the celebrations of Easter. The Resurrection is the central mystery of our faith and affirms our belief that death is not the end. As a colleague of mine used point out “if the Resurrection isn’t fair dinkum then we are all wasting our time”

I wish all families a holy, happy and restful Easter season and School Holiday break.

You may be aware of the work of the St Bernard’s College Social Justice Network. You can find detail of the work of the network in this newsletter and on our website. I was reminded of the power of such groups to bring genuine change in the world by a recent press report of the launch of an organisation called the “Global Freedom Network” which aims to end modern slavery. The announcement was made in the Vatican by Australian mining magnate Andrew Forrest and was endorsed by the Pope, the Archbishop of Canterbury and the Grand Imam of Al-Hazar, each of whom had senior representatives present for the announcement.

To see one of Australia’s wealthiest men together with the representatives of 3 of the great faith traditions of the world, the Catholic and Anglican Churches and the Sunni Muslims, is a tremendous example to our students of what is possible and when the corporate secular and religious worlds come together. In this way a faith based community like St Bernard’s can be a powerful force for good. It also clearly demonstrates that success and the attainment wealth, when not an end in itself, can make an amazing difference.

In recent weeks there have been an enormous number and range of extracurricular activities take place. Congratulations to all the students and staff involved in the music camp, writers and Art camp and to all boys involved in the DAV debating competition. Congratulations to our senior Tennis and Volleyball A and B teams who were runners up in their ACC competitions this term and to our swimmers who finished fourth in the aggregate winning the U/15 pennant.

The ACC Athletics team were successful in their defence of the Aggregate Shield for an extraordinary 12th time in succession. The athletes were outstanding, the coaching, led by Mr David Waters, diligent and expert and the Year 7’s and cheer squad loud and supportive. As the chant went, following the presentations "back to back to back to back to back....to back........to back". Congratulations to all involved.

We wish staff members Orla McLynskey, Doris Giansalvo and Mirella Luca well as they take long service leave during Term 2 back….to back…….to back” loud and supportive. As the chant went, following the presentations “back to back to back to back to back....to back........to back”. Congratulations to all involved.

From the Principal
Tony Paatsch
Best wishes

From the Campus Directors

Edmund Rice Day
Friday, 2 May is one of the most important days on the St Bernard’s College calendar. It is the celebration of the feast day of Blessed Edmund Rice.

The format of the day is that we do not have any formal classes. We gather as a Catholic community for mass in the morning where we acknowledge our founders, the Christian Brothers, as well as the great work that our community engages in to support those who are less fortunate than we are.

Following Mass, the boys take part in a 10km walkathon. They then return for activities and will be dismissed at 2.00pm. Buses will be available at this time.

The focus of the day is undoubtedly Project Kenya. Your son has been asked to commit to raising donations for the community of Embulbul in Kenya, a social justice priority for our community since 2006. It is what St Bernard’s boys do.

Early next week you will receive a mail out from the College. The mail out will contain a cover letter and donation receipt book. This book becomes the tool that your son will use and will become the official record of the donations that your son collects. We feel that the receipt book will become an incentive to donors to donate funds due to the tax deductibility of the donation. Please ensure that the receipt book is returned on Edmund Rice Day with donations received accurately recorded, including any unused receipts.

You can further support us by:
1. Encouraging your son to collect at least the minimum $40 donation from the wider community and the extended family.
2. Discussing the day with your son in the lead up to the day.
3. Ensuring that your son attends on the day and commits to events (where possible).

Your son is aware of the College’s strict expectations surrounding his attendance on the day. We look forward to what should be a great day of celebration.
What is Anzac Day?
ANZAC Day – 25 April – is probably Australia’s most important national occasion. It marks the anniversary of the first major military action fought by Australian and New Zealand forces during the First World War.

What does ANZAC stand for?
ANZAC stands for Australian and New Zealand Army Corps. The soldiers in those forces quickly became known as Anzacs, and the pride they took in that name endures to this day.

Why is this day special to Australians?
When war broke out in 1914, Australia had been a federal commonwealth for only 13 years. The new national government was eager to establish its reputation among the nations of the world. In 1915 Australian and New Zealand soldiers formed part of the allied expedition that set out to capture the Gallipoli peninsula in order to open the Dardanelles to the allied navies. The ultimate objective was to capture Constantinople (now Istanbul in Turkey), the capital of the Ottoman Empire, an ally of Germany.

The Australian and New Zealand forces landed on Gallipoli on 25 April, meeting fierce resistance from the Ottoman Turkish defenders. What had been planned as a bold stroke to knock Turkey out of the war quickly became a stalemate, and the campaign dragged on for eight months. At the end of 1915 the allied forces were evacuated, after both sides had suffered heavy casualties and endured great hardships. Over 8,000 Australian soldiers had been killed. News of the landing on Gallipoli had made a profound impact on Australians at home, and 25 April soon became the day on which Australians remembered the sacrifice of those who had died in the war.

Although the Gallipoli campaign failed in its military objectives, the Australian and New Zealand actions during the campaign left us all a powerful legacy. The creation of what became known as the “Anzac legend” became an important part of the identity of both nations, shaping the ways they viewed both their past and their future.

A reminder that there will not be any classes on Friday April 25.

Parent-Student-Teacher Interviews
A reminder to all parents of Year 7 – 11 students that PST interviews will be held in the College gymnasium on Thursday, 3 April from 2.00pm – 8.00pm and Thursday, 24 April from 2.00pm – 8.00pm.

Year 8 Mother-Son Evening
The Year 8 Mother and Son night will be held on Monday, 5 May in the College Gymnasium.

Mothers and female mentors of our Year 8 boys are invited to take part in what promises to be a special evening. The purpose of the night is to stop and acknowledge the journey both you and your son are taking as he has moved into his teenage years. With the assistance of the St Bernard’s College community, mothers will be led through an engaging evening which involves both discussion groups and a significant ‘one on one’ time with your son. Our facilitator is Bill Jennings, who is a published researcher in boys’ education and his findings show that programs like this strengthen relationships between boys and their parent/mentor. This stronger sense of connection in important relationships, improves the conditions for boys to excel as students.

Details regarding the evening including registration have been emailed out. However you can register by either emailing sbcmums@time-space.com.au or visiting http://bit.ly/SBC-2014

For any further information, or if you have any trouble booking, please feel free to call me (Damian McKee) directly at the school on (03) 9289 1127.

Term Two
Thank you for supporting your son’s education during term one. Term two is yet another busy term in our academic year. Please remember the following arrangements and dates:
• Our first day of Term 2 is Tuesday, 22 April (Day 2 of our timetable).
• Full winter uniform is expected to be worn from the first day of Term 2. Please refer to the following link if you have any questions about what is required regarding our winter uniform: http://year7sbc.weebly.com/uniform.html

Madden Bedford Shield 2014
On Wednesday 23 April, St Bernard’s College 1st XVIII will be playing their opening game of the ACC season against Parade College, Bundoora. As in previous years both teams will be playing for the Madden-Bedford Shield (currently held by Parade).

To celebrate the occasion there will be a luncheon beginning at 12pm for a 12.30pm start at Parade College Garvey Oval (1436 Plenty Road), with various guest speakers throughout. The game itself is due to commence at 2pm when 2 of the ACC’s fiercest rivals renew acquaintances out on the field.

The all inclusive cost of $45 includes a 2 course meal, tea and coffee with drinks at bar prices.

If you would like to attend please go to http://www.trybooking.com/78324 and fill in the online registration and payment form, or contact Mirella Busso-Lee on 9468 3302 or at Mirella.Busso-Lee@parade.vic.edu.au.

Important Dates for Year 7 2016 Enrolments

<table>
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<tr>
<th>Date</th>
<th>Event</th>
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<tr>
<td>Wednesday, 16 April 2014</td>
<td>Applications Close</td>
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<td></td>
<td>Completed online application along with application form with fee to be received by 3.30pm</td>
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<td><em>All applications after this time are considered Late Applications</em></td>
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VCAL 2014 … so far

I’m really pleased to report that most VCAL students have had an enthusiastic start to the year and are well on the way to fulfilling their goals for 2014.

All students are engaged with their TAFE studies and most have had glowing reports from their Work Placement employers.

Here at school there have also been a number of achievements:

**Horticulture studies** in the school garden have replenished the garden beds from last year and are preparing to establish a new Herb Garden near the Food Technology rooms *(pictured left)*.

The **Life Skills** group enjoyed their physical training, developed their skills and successfully completed a training clinic at St Christopher’s Primary School with the Grade 5 students.

The introduction of **Food Technology** has been a great success in the VCAL program with the boys developing their culinary skills and producing some delicious results.

Most students are near completion of their first projects in **Wood Technology**, which has included billy carts, cricket bats, skateboard ramps, model homes and picnic benches *(pictured left)*. Next term they will build ten more planter boxes for St Martin de Porre’s Primary School, which will complement the new buildings and the twenty planter boxes built last year.

ALL VCAL students have also completed the SCOPE Young Ambassador Program as part of their Personal Development Studies. The boys have embraced “See The Person Not The Disability” through a number of activities including a day at Highpoint Industries on the factory floor. *(below)*

Term 2 will see most boys swap activities and some will take up new opportunities with new work placements. Also the boys will continue their association with SCOPE and assist with the “Balloon Football League” on Monday mornings at the East Keilor Basketball stadium.

It has been a great start to the year and I encourage all VCAL students to make the most of their opportunities here at St Bernard’s which will pave the way for an easy transition into the work force in 2015.

**Chris Mannix, VCAL Coordinator**

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**St Bernard’s Social Justice Network (SBSJN)**

The SBSJN is a group of parents and staff who meet regularly to TALK about justice, to find ways to DO justice and to work to bring AWARENESS to our community about social justice issues.

The SBSJN is always looking to find ways to bring College and families together in their support of Catholic Social Teachings.

This year the SBSJN will be supporting information nights run through the archdiocese examining the political response to people seeking asylum, as well as support groups for victims of sexual abuse by religious leaders. A forum on homelessness will also run later in the year.

You are most welcome to attend our meetings held in the College Boardroom at 7.30pm on a Wednesday night with the next meeting being Wednesday April 30th.

A Justice Walk will take place in the city on Palm Sunday April 13. Parents and staff interested in attending should contact Karen Fogarty through our Facebook page listed below.

Should you wish to know more please feel free to contact me on 9289 1113 or at bdouglas@sbc.vic.edu.au

http://stbernardssocialjusticenetwork.weebly.com/about-us.html

https://www.facebook.com/SBSJN

**Brendan Douglas, Director of Identity.**

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**2014 Kokoda Trivia Night - Call for Prizes**

This year’s Kokoda Trivia Night will be held on May 2 (details later in this newsletter) with a clear goal to raise in excess of $10000 for the David Cavell School in Port Moresby, PNG. The school receives no formal funding and is supported by members in the community to provide disadvantaged children the chance of an education. The money raised in the previous years has provided funds to build additional classrooms and provide essential equipment.

The night will be supported by silent auctions and raffles. If you are able to help the group by donating an item or services, please contact me at price@sbc.vic.edu.au. Any assistance would be greatly appreciated.

**Paul Rice**
Youth of the Year Competition

Year 11 student, Aidan Sexton, recently competed in the second round of the Lions’ Clubs “Youth of the Year” competition. Aidan had won the Essendon region final the week before and so faced some very able competition in this round with several schools from local areas, including Bacchus Marsh and Melton, represented.

Aidan spoke with composure, authority and some humour in his impromptu speeches, one about whether the retirement age should be raised and the other about whether teenage magazines gave out the wrong message. Aidan’s prepared speech on the importance of Australia Day and Anzac Day was very well researched, interesting and topical. Unfortunately however he was pipped at the post in this round but we congratulate him on his wonderful success.

Kevin Nunan

Sicily Tour September 2014

There is an opportunity for family and friends of St. Bernard’s to participate in a 12-day tour of southern Italy and Sicily commencing Sunday 21/09/14 in Rome and finishing on Friday 2/10/14. Cost is $2500 pp (does not include air-fare). For further details please contact me at spiller@sbc.vic.edu.au

Bruno Spiller

Uniform Shop News

The first day of Term 2 marks the changeover for the students from Summer to Winter uniform. If you need to update your sons winter uniform get down to the Uniform Shop as soon as possible to avoid last minute queues.

Renee Buhagiar, Uniform Shop

Music News

The College provides 2 very engaging vocal groups to be a part of – SYNC (vocal group for years 7 – 9) and Shout! (vocal group for years 10 – 12). SYNC rehearses Wednesday after school until 4pm. Shout! rehearse Monday after school until 4pm. These groups are open to all students of the college. Those interested are encouraged to contact the director of these groups, Mr Jack Stewart at jstewart@sbc.vic.edu.au.

Information on all of these opportunities can be found at www.sbcmusicdepartment.weebly.com, or via the link at the bottom of the College Webpage.

The Friends of Music are considering the viability of running a car boot sale in the school’s main car park on a Sunday in October (date yet to be determined) and seek expressions of interest to gauge its viability. Those who would be interested in participating as a vendor at a car boot sale are asked to email a very short expression of interest to the Friends of Music Fundraising Coordinator, Mr Arthur Busuttil at archiebus@optusnet.com.au.

Finally, the Friends of Music seek small donations that can be used as raffle prizes at concerts and for fundraising. Any small or inexpensive items would be gratefully received. Again, please contact Arthur as per the above, or on 0402 644 272.

Carmelo Puglisi, Director of Music

Congratulations

...to Year 8’s Franc Favata and Joshua Kelic who made the U14s Victorian Soccer Skilleroos Development squad for 2014. Both boys had previously been team mates in the 2012 State futsal squad, 2012 Victorian School boys Soccer squad and also last year’s U13 Victorian Skilleroos squad.

....to 9C’s James Hogg who became the national U/16 200m champion recently. He was also third in the 100m.

Come and try Karate

Learn self defence, increase self esteem and personal confidence and have fun all at the same time. 2 free lessons for everyone as well as free uniform on joining. Sessions will be conducted in O’Brien Hall, Thursdays after school. Secondary students from 5pm with juniors (primary aged) commencing at 4pm. For further information visit www.artofdefence.com.au or call Amelia on 0407320333.

Amelia Zarb, Art of Defence Australia

Tuning Into Teens

Melbourne University’s Mindful-Centre for Training and Research in Developmental Health is running 6 free parenting sessions on the topic of Tuning Into Teens. These sessions will help you develop skills that will assist your adolescent:

• develop better emotional intelligence,
• be more aware and strong in situations of peer pressure,
• be better able to cope with anger, anxiety and other strong emotions,
• increase family communication and reduce conflict.

If you have a teen in Year 7 watch for an information letter about our research project in the mail or newsletter, and return the ‘expression of interest form’ to the school

Just for attending you will receive a free JB HIFI voucher for your adolescent

For further information contact: Christiane Kehoe, Project Manager, on 9371 0207 or email ckehoe@unimelb.edu.au
CAREERS NEWS APRIL 2014

WORK EXPERIENCE – year 10 students have had since mid 2013 to plan for their placement and pleasingly, most are making the most of the opportunity. Students are reminded that they need to hand their form in by 26 May. Failure to do so will incur a detention. Students are again encouraged that if they have still not considered a placement, they should make an appointment with myself.

UNIVERSITY RANKINGS –
UNIVERSITY OF MELBOURNE – The recently released QS World University Rankings by subject list the top 200 universities around the world in 30 subject areas. Melbourne has 11 subjects ranked in the top 20, and 27 subjects in the top 50. Education at the University has been ranked second in the world in the rankings.

LA TROBE UNIVERSITY – La Trobe has announced that it ranks among the best in the world for a number of subject areas, according to the latest QS World University Ratings by subject. Over 3,000 universities worldwide and 10,639 programs of study were evaluated to produce the rankings. La Trobe’s history discipline, which in the QS rankings system includes archaeology, ancient history and classics, was ranked 38 in the world and third in Australia. It was ranked in the top 100 in the world for communication and media studies, linguistics and sociology, while agriculture and forestry, psychology and education were ranked in the top 200. For more information about the QS rankings see: http://www.topuniversities.com/university-rankings

CLINICAL EXERCISE PHYSIOLOGY – Enjoy studying sport? Then Clinical Exercise Physiology might be the career for you. Where physiotherapists assist people with movement disorders using techniques to assist muscles and joints to move to their full potential, clinical exercise physiologists use exercise to prevent and rehabilitate disease and injury in the community. Accredited Exercise Physiologists are formally recognised by the Dept. of Health and Aging as allied health professionals, which means that they are able to deliver Medicare-compensable services. Deakin’s Master of Clinical Exercise Physiology aims to produce quality exercise physiologists. This is the first and only accredited exercise physiologist course in Victoria to be accredited by Exercise and Sports Science Australia (ESSA). To be eligible for this program, students must be able to demonstrate eligibility for exercise scientist accreditation from ESSA, and provide evidence of 140 hours of exercise service delivery for apparently healthy clientele. This can be achieved by completing Deakin’s Bachelor of Exercise and Sport Science, including the accredited exercise science – ESSA sequence.
RMIT NEWS – RMIT is a ‘dual-sector’ institution, offering degrees, diplomas, certificates, pre-apprenticeships and short courses. What are a few of the courses available?

• **Bachelor of Arts (International Studies)** – This career-oriented degree prepares students to work in international development, security, diplomacy, political economy, law and global governance. An international internship and language study is compulsory (Chinese, Japanese, Spanish, French, German, Greek or Italian). **Some graduate destinations**: Department of PM and Cabinet, Dept. of Premier and Cabinet, AusAID, Dept. of Defence, Dept. of Immigration and Citizenship.

• **Bachelor of Applied Science (Property and Valuation)** – covers property law, planning, valuation, development, investment funds management, asset/commercial property management, law, construction techniques and project management related to **commercial property, not real estate**. It involves infrastructure like ports and schools. **Why study it?** It is financially rewarding, you’re not in an office all day, has a mixture of management and hands-on work.

• **Bachelor of App. Sci. (Project Management)** – A project is an event with a start and a finish time. The course offers students the opportunity to gain structured employment experiences within the industry to enhance academic learning. **Graduate destinations**: Construction - building and infrastructure projects and property development; Non-construction – client-side project management, event project management, business project management, IT, health. **NOTE**: The first year of the above two degrees is the same, along with the B. App. Sci. (Construction Management). This allows for collaborative projects to be undertaken.

• **Associate Degree in Aviation (Professional Pilots)** – Boeing estimates that **192,000 new pilots will be required by 2032**! On graduating, students may find employment in charter/regional airlines, outback station flying, sightseeing, fire spotting and beach patrols and flight instructing (with Instructor Rating). With enough hours, they may go on to chief pilot, fleet, or flight operations manager. Pilots are trained for the general flying progress test, private pilot licence, commercial pilot licence and air transport licence. The current annual fee is about $60,000 (NOTE: a total of up to $96,000 can be borrowed through FEE-HELP).

• **What makes RMIT Science programs special?** RMIT has entry pathways from Diploma and Associate degrees run in VET. You have a choice of specialisation, with a major/minor combination, double degree or integrated honours. RMIT courses have a strong hands-on component with plenty of practical experience, labs, pilot plant and field trips. All students complete an independent project in their final year and they all complete a work placement or a project-based team working component. There are overseas experiences, semester exchanges and International Student volunteer opportunities.

**NOTE**: RMIT is holding ‘Big Picture Experience’ information sessions about many of their courses in the Term 2 holiday break. See later editions for details, or [www.rmit.edu.au/experiencedays](http://www.rmit.edu.au/experiencedays) now.

David Rosel
9289 1159
drosel@sbc.vic.edu.au
TIME & SPACE FOR
MOTHERS & SONS

Year 8 Mother & Son Night
Monday 5 May 2014
Gymnasium
7.30pm Start (Finish by 9.30pm)

St Bernard’s College is delighted to offer you an opportunity to experience a lifetime memory with your son at the annual ‘Mother & Son’ Night.

This innovative single evening program is an event we have planned especially for our Year 8 students and their mothers (or female mentors). We think that this is a great time to bring you together.
This rare opportunity will stay with you forever.

It is a big thing when our boys move through their times of transition. Their teenage years accelerate quickly as their ride on the adolescent rollercoaster continues. He is growing up and the opportunity to reflect on the joys and challenges of this time in yours and his life, is one not to be missed.

Testimonials -
What the mums & mentors say

“Good hearing other opinions/thoughts from both parents & kids.”
Joanna W. (Silkwood School, Gold Coast)

“Wonderful to have this special time, sharing memories from the past and dreams, hopes and fears for the future.”
Karen M. (St Bernard’s College, Essendon)

“Very loving, open, honest conversation. Lovely chance to listen to his needs and share stories.”
Lisa T. (Christian Brothers’ College, St Kilda)

“This was a really valuable opportunity, that we may not have had, if it was not led by this organised night.”
Trish T. (Rostrevor College, Adelaide)

Testimonials -
What the boys say

“I felt really good because it was a chance just to have a one-on-one chat. It’s just a great experience and you go out feeling better because you know a bit more about your mum.”
Mike D. (St Virgil’s College, Hobart)

“Very interesting and good to have a one-on-one chat.”
Adrian S. (St Bernard’s College, Essendon)

“It was good to get insight from another parent.”
Nicholas L. (Christian Brothers’ College, St Kilda)

“I learned some great things about my past.”
Jack T. (Loyola College, Melbourne)

We will be bringing Bill Jennings…

to our school to facilitate this unique experience for you. Bill is the creator and founder of ‘Time & Space’ (www.time-space.com.au), a service he has developed to give people just that – ‘time and space’ for parents and their children to share important moments together in a school community setting. This session provides opportunities that include carefully guided interactions with other mums and their boys.

Mothers will emerge from the night reassured and impressed by the way our students are able to speak up and share insights about their life.

Be assured that the night is fun too… full of activities and conversations that will make us smile as well.

To register please:
or email sbcmums@time-space.com.au

This helps with our activity planning for the session. This session is exclusive to Year 8.

If you have any other enquiries, please call Damian McKee on (03) 9289 1127.

We know that families come in all shapes and sizes. If a boy’s mother is not around, a grandmother, step-mother, aunty or other female mentor is welcome.
Come along and help support the team travelling to the Kokoda trail in 2014

The night involves several rounds of Trivia, Auctions, Games and Raffles and more.

A **spit roast main meal** will be provided. Drinks at bar prices.

**Proceeds from the night will be used to continue our support to the Dav Cavell School on the outskirts of Port Moresby. This school gives an education to impoverished PNG children.**

**Where:** Pavilion, St Bernards College, Essendon

(Enter through gate 8 off Hampton Rd)

**When:** Friday May 2 @ 7pm

**Tickets:** $30 per person or Tables of 10 for $300

Tickets/tables must be pre-booked in order that you have reserved a place on the night (Limit 20 tables of 10). Please contact Paul Rice at St Bernards or Matthew Kilfoyle at MAC for ticket allocation and payment details. Ticket payment will be required by Wednesday April 30.

Enquiries to Paul Rice  [price@sbc.vic.edu.au](mailto:price@sbc.vic.edu.au) (SBC)

Matthew Kilfoyle  [kilfoyle.matthew.j@edumail.vic.gov.au](mailto:kilfoyle.matthew.j@edumail.vic.gov.au) (MAC)
SCHOOL HOLIDAY FITNESS CAMP

DATES: MONDAY – FRIDAY
         7TH APRIL – 18TH APRIL

TIME: 7-11 YEAR OLDS 9.15AM – 10.15AM
       12-16 YEAR OLDS 10.30AM – 11.30AM

WHERE: ST. BERNARD’S COLLEGE OVALS
       HAMPTON ROAD, ESSENDON
       (ENTER GATE 8 AND DRIVE TO BOTTOM OF HILL)

COST:  $10 PER PERSON/PER SESSION
       (DISCOUNT PACKAGES AVAILABLE FOR MULTIPLE SESSIONS)

CONTACT: CHRIS DAVIS
          0414 825 785
          chris@invigoratept.com.au

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- POSTURAL AWARENESS

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ALL SESSIONS MUST BE PRE-BOOKED SO CALL TODAY!!!

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Call now for all inquiries and bookings 0414 825 785